

LUNCH MENU

Deli Wraps \$14.00

Served with French Fries

Tuna Salad

Tuna salad with lettuce and tomatoes

Roast Beef Salad

meat salad with cheese & potato

50/50 Tuna Chicken Salad

light

Nutty Chicken

Chicken salad with blueberries, nuts, lettuce & tomatoes with honey lemon sauce

Chicken Salad

White meat chicken salad with lettuce and tomatoes

Corn Beef Sauerkraut

Cheese, potato mustard

Chicken Caesar

Grilled chicken with homemade Caesar dressing, lettuce and shredded parmesan

Brooklyn Tuna

Shredded lettuce, tomato, onions with lemon mayonnaise on open faced wrap

Chimichurri

Sandwiches and Heros \$14.00

Served with French Fries

Chicken Parm

Chicken breast with tomato sauce and melted cheese on a hero

Fish Po-Boy

Breaded fish filet with lettuce, tomato, tartar sauce & melted cheese

Broccoli Rabe

Chicken, Broccoli Rabe, garlic in oil, roasted peppers, melted cheese and balsamic

Grilled Chicken B.L.T

Sandwich served with chipotle mayo

Cuban Panini

Roasted pork, Virginia ham, relish, Russian dressing, Swiss & mustard

Turkey Triple-Decker

Sliced turkey with bacon, lettuce, tomato served on white bread

Homemade Pulled Pork

Pork mixed with meat, cheese and cow stew.

Mama Maria

Sliced grilled chicken breast, imported prosciutto, spinach, garlic, roasted peppers, vidalia onions & cheese, sauteed with extra virgin olive oil and tossed with pasta

Over Load \$17.00

Shrimp Salad

Homemade Shrimp Salad on French Croissant lettuce and house salad

Steak & Onions

Steak and onions with melted cheese on a hero

Mama Maria

Sliced grilled chicken breast, imported prosciutto, spinach, garlic, roasted peppers, Vidalia onions and cheese, sautéed and tossed with pasta

Turkey Triple-Decker

Sliced turkey with bacon, lettuce, tomato served on white bread

Roasted Beef

Cole slaw, russian

Garlic Ala Olio

Pasta, roasted garlic, extra virgin olive oil with greens, fresh herbs and pecorino cheese

Italian Vodka

Plum tomato, pancetta, pecorino cheese, shallots, vodka cream sauce tossed with pasta

Teriyaki

Corned Beef Rueben

Hot open faced corned beef, sauerkraut, Russian dressing baked with Swiss on rye

Two Peas in a Pod

Sautéed onions with peas, diced tomato tossed with pasta and extra virgin olive oil

Hot Pastrami & Swiss

Hot pastrami piled high with melted Swiss cheese served on rye

Meat Bolognese

Black Angus ground beef with a plum tomato sauce and Italian spices over pasta

Chicken Parm

Breaded chicken breast with tomato sauce and melted cheese served over pasta

Drunken Clams

Tender young clams in a garlic wine sauce with spicy fresh herbs and lager beer over pasta

To order call: 732.974.2800 or 732.295.2800





LUNCH MENU

Appetizers

\$12.00

**Chicken Fingers
Mac and Cheese
Mozzarella Stick
Onion Rings
Rice Balls**

\$14.95

**Drunken Clams
Eggplant Tower
Escargot
Mussels**

\$18.95

**Ahi Tuna Tartare
Shrimp Cocktail
Burrata Black Truffles
& Chocolate**

Soup \$7.00

**Tortellini
with Spinach Egg Drop**

French Onion Soup

Garlic Ala Olio
Pasta, roasted garlic, extra virgin olive

**Stracciatella Soup
Italian Eggdrop**

Salads \$14.00

Grilled Chicken Caesar

Sliced grilled chicken tossed with romaine lettuce, homemade dressing, parmesan cheese, topped with croutons

Burrata Salad

Breaded chicken cutlet with mixed greens, tomato, dark chocolate and a balsamic vinaigrette

Waldorf Salad

Grilled chicken, Shredded coconut, granola, celery, apples, walnuts & raisins, topped with honey lemon dressing

Blacken Fish over Caesar

blacken fish tossed over romaine lettuce, homemade dressing, parmesan cheese, topped with croutons

Greek Salad

Feta cheese, tomato, cucumber, peppers, onion, black olives, tossed in an Italian vinaigrette

Healthy Spinach Salad

Served with a scoop of both chicken & tuna salad, fresh fruit with vinaigrette, topped with flax seeds

Arugula Salad

Arugula mixed greens, chicken, strawberries, grapes, and onions topped with almonds, goat cheese, and citrus vinaigrette

**Italian Roast Beef
Cheese Salad**

Sauteed vegetables over greens with balsamic vinaigrette.

Burgers \$15.00

Served with French Fries

Jalapeño Peppers Burger

Burger topped with jalapeño peppers & cheese

Shrimp Beef Patty

Burger topped with cheese & bang bang sauce

Crab Cake

Beef burger

Sausage Cheese Burger

Burger topped with peppers & onions

Broccoli Habe

Burger topped with cheese & balsamic vinaigrette

Captain's Burger

Grilled ground beef, sautéed onions, bacon, BBQ sauce & pepper-jack

Basil Burger

Burger topped with roasted peppers, basil, melted provolone, served with a garlic roll

Stick Burger

Burger topped with mozzarella stick and tomato sauce

Jersey Burger

Burger topped with pork roll & American Cheese